



*For Your Wedding*

# *Congratulations*

You're engaged! On behalf of the entire team at the Revas Spa and Hair Gallery we would like to extend warm congratulations to both you and your husband to be.

As you prepare for your wedding, we are delighted to be at your service. The Revas Spa has, over the years, become widely respected for its experience and expertise in bridal work. With a team of 20 hair stylists, make-up artists, nail technicians and relaxation therapists who are nationally and internationally trained, we endeavour to provide the best advice, and latest techniques available to maintain the highest quality of service available.

We pride ourselves in making each and every bride shine as she walks down the aisle on her special day.

From our experience working with brides over the last decade, we have come to realise that organising all the fine details for your big day can become quite a confusing and time consuming task. In taking this into account, the Revas Spa has created this bridal brochure to help you plan the final few months leading up to the most important day of your life.



## about revas

Founded by Orla Fitzgerald, Revas Spa originally open in 1999, in Fitzgerald's Woodlands House Hotel, Adare, Co. Limerick. Her vision is to provide clients with the very latest and best treatments available in the hair, beauty and relaxation industry, all under one welcoming roof. As a result of the growing demand for the "Revas Experience" the Spa has grown and has now become the breathtaking hair, beauty and relaxation complex that it is today, carrying with it the experience it has gained throughout the years.

Bridal and special occasion work has been at the centre of specialisation for Revas since the beginning, and as always, the team is dedicated to offering you the highest quality service available.

## revas hair gallery

The Revas Hair Gallery is a luxurious, classically themed hair studio, designed to create a relaxing ambience which carries throughout the entire Spa. Here, we focus on dedicating time to each bride's in-depth consultations, in order to create their dream hair style. To ensure your hair is enhanced to its best possible condition, only natural Matrix Biolage hair products are used.



## revas spa

The revas spa includes 18 uniquely designed treatment rooms, two couples rooms, an indoor/outdoor Thermal Spa, a tropical Fijian Spa area, and the GM Collin collagen skin clinic. The Spa also includes a luxurious beauty salon, a glamorous make-up studio, nail spa, and spray tanning rooms.

## revas guide

Revas have put together the following recommend guide to follow in the lead up to your big day, encompassing everything you might come to need - hair, beauty or relaxation spa in preparation for your wedding day.

t: 061 605120 e: [relax@revasspa.ie](mailto:relax@revasspa.ie)

# 6 Months

before the big day

## hen parties

Revas Spa and Hair Gallery is the perfect location for your alternative hen party. Revas specialise in catering for groups of all sizes, creating unique tailor-made packages to suit each party. Each hen party package will include a complimentary *Thermal Spa Experience* for each guest.

The Thermal Suite includes a crystal steam room, herb sauna, foot soak spa, sensation showers, outdoor heated rock pool, and a Cuban style relaxation area. The Thermal Spa will be experienced prior to treatments, heating the muscles, enhancing treatment relaxation and healing. Tailored treatment menus can be created for your group on prior consultation with your group organiser. Packages can also include champagne lunch and/or overnight stay if desired.



## hair care consultations

In the lead up to your big day we recommend that you visit our hair stylists and skin specialists approximately **3-5 months before** your wedding day.

On your first appointment our stylists will discuss with you all aspects of hair care. This includes condition, style and colour, ensuring they complement your desired bridal hair style.



## skin care consultation

To ensure the perfect complexion, we aim for perfect skin. Revas Spa provides skin care treatments in the *G.M. Collin Skin Clinic*. Developed by a plastic surgeon, *G.M. Collin* is a prescription



skin care range, encompassing gentle but very active collagen rich products. Each of our facials and body treatments are custom tailored to suit each individuals needs. From Vitamin C rich treatments to a needle free Botox alternative system. This range has many treatments to offer for all ages and skin types. We recommend starting a routine of one facial per month to create a perfect skin canvas.

## toning and inch loss systems

### ionithermie toning system

Ionithermie is the only cosmeceutical treatment to detoxify the body at the cellular level. The treatment gives immediate, sustainable, clinically-proven inch loss of up to five inches per treatment. Over one million treatments are performed annually world-wide.

### seaweed detox

This seaweed wrap which includes full body exfoliation, direct seaweed application to the body, while the client is then wrapped up in a heated blanket and warm towels to allow the seaweed penetrate and detox the client. This also includes a complementary Thermal Spa Experience.

### ultimate detox

This treatment includes a platinum detox treatment and reflexology. This is the ultimate way to detox, allowing your body to drain away all its toxins through the soles of your feet with our platinum detox foot bath. This treatment is followed by reflexology to help energise your body.

### inch loss body wrap

Watch the inches melt away with our detoxifying body wrap. This treatment is great for pre-parties or weddings, to help fit into that perfect outfit, or as part of a fitness regime.

# 1 Month

before the big day

## hair styling trial

Revas boasts the expertise of a selection of the most respected and creative hair stylist's in the Munster area. The stylists advise on hair trials for both brides and bridesmaids, to assess all options available. This allows for the creation of a tailor made style to suit each bride's individual face shape, hair length and texture and of course their wedding dress.

From our experience, we recommend that trial appointments be booked on weekdays or weeknights, when the salon is a little calmer than our very busy weekends. This ensures a more relaxed ambience for your comfort.

## hair extensions

Based on your trial consultation with your stylists, it will be decided if your ideal style requires the added elegance of hair extensions for extra length or volume. At Revas, we use only the finest quality european hair, and are one of the few salons to develop the flat bonding system, ensuring there are no unsightly bond bulges, creating a flawless look and feel.

## make-up trial

The Revas Spa boast an outstanding team of nine make-up artists, each with a unique creative flair, along with extensive training and experience in bridal work. Our flagship make-up brand is the award winning *Art-Deco* brand, famous for its long lasting, yet natural finishes.

## eyelash extensions

Revas are one of the first in the industry to offer the newest range of long-lasting eye-lash extensions. Lasting several weeks, these lashes are a fantastic way to draw attention to beautiful sparkling eyes, and are much more natural looking than stick-on lashes.

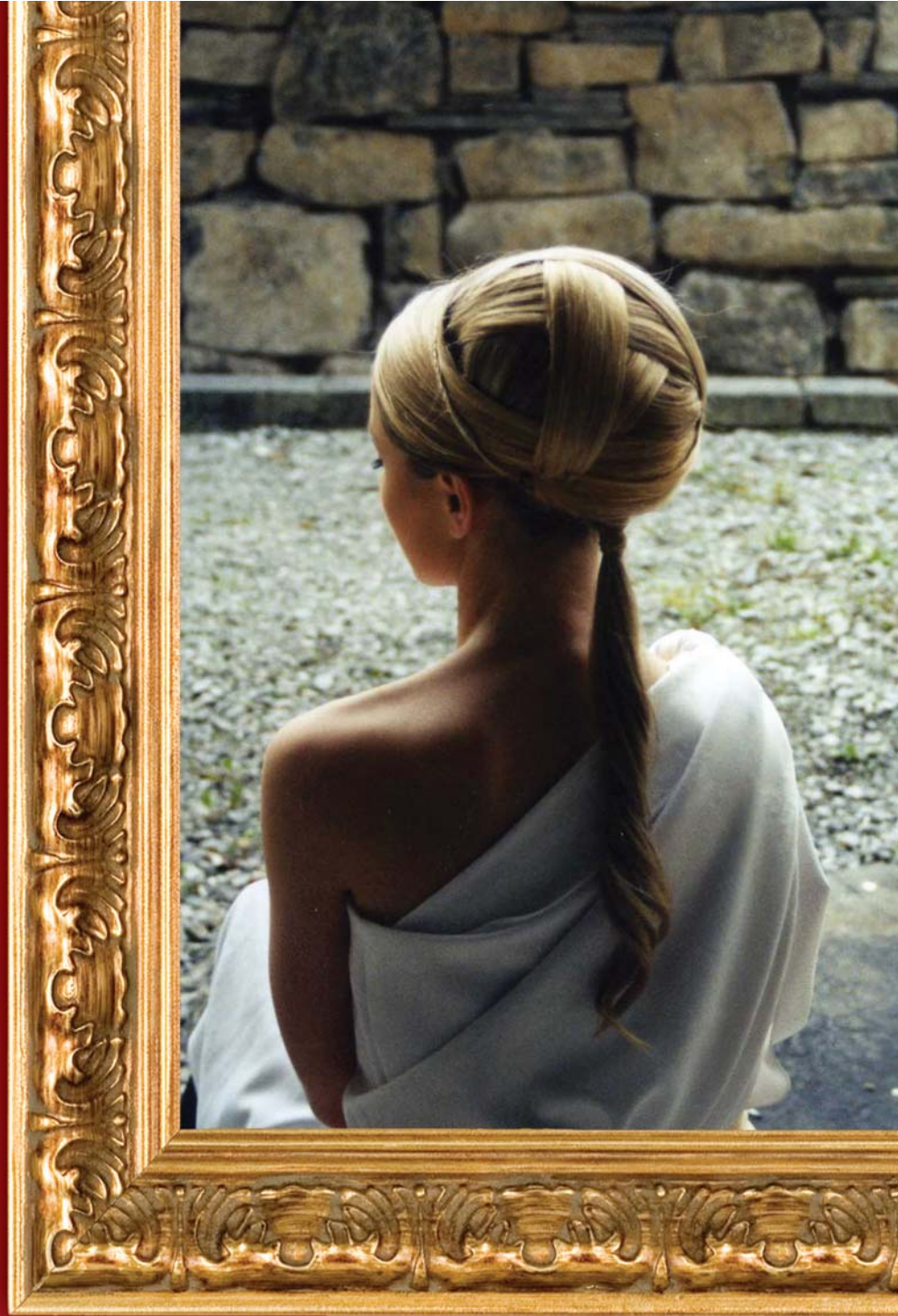
## hair colouring

This is the ideal time to complete your colour to suit your chosen hair style, allowing just enough time to let the colour settle completely to the hair. Colours will be decided on consultation with your Revas stylist and colourist.

## facial

Your last facial should be **no later than 2 weeks prior** to the big day, in order to allow the elimination of toxins from the skin, a direct effect of the Revas Spa facial menu. Facials are recommend during skin consultation by your therapist at the Spa.





# 2 Days

before the big day



## massage

Indulge in a soothing massage to help reduce the stress of planning over the last few months, untangling knots which promote bad posture and painful aches. We recommend the *Blissful Hot Stone Ritual* or the *Fijian Bobo Massage*.

## full body exfoliation

We recommend that the entire body is evenly exfoliated at this time to ensure the perfect application of spray or rub on tans. We recommend the *Fijian Ritual* or the *Pure Fiji Paradise Glow*.

## nails

As Revas have a full, exclusive nail salon on site, we offer a range of treatment from simple French polishes, manicures and pedicures, to nail art and accessories or gel nail extensions. We have a full team of nail technicians to help choose between these many options, creating a perfectly finished look every time.

## tanning

At Revas we have chosen our spray tanning products very carefully. The Spa uses only the most modern brand to the market, "That's So Sun Make-Up", which adapts directly to each individuals skin tone, avoiding unnatural tones and complexions.







# the *Big Day*

## private family lounge

The Revas Spa offers a private lounge for your bridal party to relax in prior to and after their hair and beauty treatments. This room is available complimentary to your group upon request, however is subject to availability. Champagne and strawberries are also available upon request.

## preparing at home

The Revas bridal team offer a house service upon request for brides who would prefer to prepare at home on their wedding day. Call-out fees apply depending on distance from the Spa, and the number of stylists and make-up artists required. For more details on this service please email Nicole: [nicole@woodlands-hotel.ie](mailto:nicole@woodlands-hotel.ie)

## for the gentlemen

Let's not forget the boys! The Revas Spa team offers hair styling and cutting as well as a range of gentlemen's treatments including our ever popular hot towel facials. Perfect for photographs.



## the next day ... happily ever after partners pamper packages

What better way to celebrate your first day as a married couple than unwinding with a couples pamper package. Each inseparable couple can indulge in a range of treatments, suitable for both men and women, in one of our romantic couples rooms, which feature hot tubs for two, and plasma screen TV. The *Partners Paradise Package* is every couple's ideal experience, leaving you plenty of time afterwards to enjoy the afternoon with your guests and family.



## booking deposit

We do require a deposit for your wedding day hair and beauty treatments. If for some reason you no longer require our services we would appreciate that you cancel your bookings as early in advance as possible so that we can accommodate other brides on our waiting list.

## acknowledgments

Hair and make-up in this brochure was provided by Revas Spa stylists and make-up artists. Wedding Dresses provided by Beautiful Brides, Thomas Street, Limerick.

## contact

Revas Spa and Hair Gallery  
Fitzgerald's Woodlands House Hotel,  
Adare,  
Co. Limerick.

**t:** 061 605120

**e:** [relax@revasspa.ie](mailto:relax@revasspa.ie)



[www.revasspa.ie](http://www.revasspa.ie)

**t:** 061 605120 **e:** [relax@revasspa.ie](mailto:relax@revasspa.ie)

#### Tinting

Eyelash Tinting €20  
Eyebrow Tinting €10

#### Nail Salon

File and Polish €20  
OPI Luxury Manicure €40  
OPI Luxury Pedicure €60  
Gel Nails €65  
Refills €35  
Nail Art €20  
Press on Nails €25  
Weekend Tips €25  
Mini Manicure and Pedicure €50

#### Make-Up Rooms

Make-Up Application €25  
Bridal Make-Up (including lipstick or gloss)  
Trial and Wedding Day Make-Up €65  
Make-Up Lesson €60  
Eyelash Extensions (weekend lashes) €25  
Xtreme Lash Extensions (including first refill) €170

#### Tanning Room

Body Buff and Spray Tan €65  
Full Body Spray Tan €40  
Half Body Spray Tan €30  
Instant Full Body Tan €40  
Instant Half Body Tan €30

#### Body Piercing

Ear Piercing Pair €20 Single €10  
Nose €15  
Naval €65  
Electrolysis €1 per minute

## Day Spa Packages

Collin Signature Experience €120, 2 hours 20 min  
Party Girl €145, 2 hours 45 min  
Energising Experience €160, 2 hours 30 min  
Expecting the Best €215, 4 hours  
Inner Calm €220, 3 hours 30 min  
Revas Half Day Retreat €200, 3 hours 30 min  
A Partners Paradise €260 (per person),  
3 hours 30 min, plus lunch  
Tranquillity Spa Escape €250 (per person),  
3 hours 30 mins, plus lunch  
Revas Total Indulgence Day €430, 7 hours, plus lunch

## Spa Breaks

#### Over Night Escape

Peak (May-Sept): Midweek (Sun- Thurs): €165  
Weekend (Fri-Sat): €185  
Off Peak (Oct- Apr): Midweek: €155  
Weekend: €175

#### Serene Spa Classic

Peak (May-Sept): Midweek (Sun- Thurs): €364  
Weekend (Fri-Sat): €394  
Off Peak (Oct- Apr): Midweek: €334  
Weekend: €364

#### Woodland Spa Retreat

Peak (May-Sept): Midweek (Sun- Thurs): €649  
Weekend (Fri-Sat): €679  
Off Peak (Oct- Apr): Midweek: €619  
Weekend: €649

#### Serenity Trinity Package

Peak (Apr- Oct) €353  
Off Peak (Nov-Mar) €343

*All packages are priced per person*

#### Terms and Conditions

As a courtesy to other clients, please give us at least 24 hours notice if you need to cancel your booking. There is a cancellation fee of 50% if the cancellation is made less than 24 hours prior to the booking. No shows on the day will be charged 100% of the treatment price. If you have a medical condition, and would like to discuss what treatment options are available to you, please discuss with our highly trained staff who will be delighted to offer assistance. Prices are correct at time of print, and subject to availability. Management reserve the right to adjust prices and descriptions.



# treatment tariffs

fitzgerald's woodlands house hotel

adare, co. limerick t: 061 605120 www.revasspa.ie

relax, enjoy ... revitalise



## Thermal Spa Experience

€40, 60 min

## Turkish Rasul Mud Chamber

1. Individual treatment €70
2. Two people €130
3. Three people €180
4. Four people €220

## Collin Spa

Just For You Facial €80, 55 min

Morpho Skin Facial €90, 55 min

Collageny C Treatment €110, 55 min

Luxury Hot Stone Facial €80, 55 min

Pore Refining Facial €90, 55 min

Calmoderm Collagen Facial €90, 55 min

Collin Made to Measure Body Treatments €145,  
1 hour 45 min

## Pure Fiji

Fiji Ritual €120, 80 min

Pure Fiji Paradise Glow €80, 50 min

Coconut Cream Body Glow €80, 50 min

Hydrating Island Wrap €80, 50 min

Fijian Scalp and shoulder Hot Oil Ritual €65, 45 min

Dilo Rescue Wrap €80, 50 min

Fijian Bobo Massage €85, 55 min

Bathing Ritual €80, 50 min

## Massages

Blissful Hot Stone Experience €95, 55 min

Aromatic Massage €85, 55 min

Swedish Massage €85, 55 min

Inner Balance €85, 55 min

Signature Warming Back Massage €70, 45 min

## Alternative Therapies

Reflexology €70, 55 min

Reiki Healing Treatment €65, 55 min

## Detoxing & Slimming Treatments

Ionithermie €80 single treatment. €400 for a course of 6

Seaweed Detox €100, 2 hour

Ultimate Detox €100, 1 hour 30 min

Inch Loss Body Wrap €70, 1 hour 15 min

## Mother To Be

Maternity Massage €95, 55 min

OPI Luxury Manicure €40

OPI Luxury Pedicure €60

Choose one of our many Facials from €80 - €110

Pure Fiji Scalp and Shoulder Hot Oil Ritual €65, 45 min

## Just For Men

Thermal Suite €40

Mud Rasul €70

Gentleman's Hot Towel Facial €80, 55 min

### Massage

- Blissful Hot Stone Experience €95, 55 min
- Aromatic Massage €85, 55 min
- Swedish Massage €85, 55 min
- Reflexology €70, 55 min
- Reiki €65, 55 min
- Inner Ear Balance €85, 55 min
- Signature Warming Back Massage €70, 45 min

### Mens Pure Fiji Body Treatments

Mana'ia Body Buff €80, 50 min

Mana'ia Hand Treatment €30, 30 min

Mana'ia Foot Treatment €50, 50 min

Fijian Bathing Ritual €80, 50 min

Fijian Bobo Massage €85, 55 min

Fijian Scalp and Shoulder Hot Oil Ritual €65, 45 min

### Toning & Detoxing Treatments

(See Detoxing section for full treatment details)

### Hair Removal

- Chest Wax from €40
- Back Wax from €40
- Eyebrow Tidy €10
- Hot Towel Shaves €45
- Hair Cuts from €15

## Treatments For Two

Thermal Spa Experience €40 per person

Turkish Rasul Mud Chamber 2 people €130

A Partners Paradise €260 (per person) 3 hours  
30 min plus lunch

Treatment Suite For Two - price on enquiry

## Hair Salon

### Styling

#### Wash and Blow Dry:

Short from €23

Medium (neck length) from €25

Long (shoulder length) from €28

Wash and Set from €23

Upstyles from €45

GHD Curls With Blow-Dry from €55

Without Blow-Dry from €45

### Conditioning

Biolage Deep Conditioning Cera-Repair

Treatments from €15

- Including 6 weeks home booster treatment €30

### Hair Extensions

Party (Weekend Extensions) - on quotation

Flat-Bonded Extensions (last approx 3 months)

- on quotation

### Cuts

Ladies Cuts including Blow-dry from €45

### Colour

Permanent/ Semi Permanent Colour:

with Cut from €80 without Cut from €60

Creative Colouring - on quotation

Fashion Colouring - on quotation

### Hi-Lites - Meche

#### Short Hair

Full Head: with Cut from €120 without Cut from €100

Half Head: with Cut from €100 without Cut from €80

Medium Hair (past neck)

Full Head: with Cut from €130 without Cut from €110

Half Head: with Cut from €110 without Cut from €90

Long Hair (past shoulder)

Full Head: with Cut from €140 without Cut from €120

Half Head: with Cut from €120 without Cut from €100

### Cap-Lites - on Quotation

Flood-Lites included in any colour from €1.50 per packet

### Waving

Perms and Body-Waves: with Cut from €80

without Cut from €65

Spiral Perm from €100

### Gentlemen

Gents Cuts from €18

Frosted Tips from €45

Highlites from €50

Creative Colouring - on quotation

Children All Kids Cut and Blow-Dry from €20 (up to 12 yrs)

## Nail & Beauty Salon

### Waxing

Half Lleg Wax €20 (propil €30)

Full Leg Wax €30 (propil €45)

Bikini Wax Basic €15 (propil €22)

Bikini Wax Extended €25 (propil €37)

Underarm Waxing €10 (propil €15)

Arm Waxing €20 (propil €30)

Lip Waxing €10 (propil €15)

Eyebrow Waxing €10 (propil €15)

Chin Waxing €10 (propil €15)

Sides of Face €15 (propil €22)

### Specialised Waxing

Brazilian Waxing €55

Hollywood Waxing €70

Includes Propil