

Terms & Conditions

Fitzgeralds Woodlands Health & Leisure Club is a members only club. We do not offer PAYG or month to month options. Leisure club usage is complimentary to hotel residents. Members must comply with regulations in each section of the facility without exception. We strongly advise members to complete a fitness assessment before using the gym. Membership is non-refundable. Credit cannot be given on membership that is unused.

Fitness to Use the Facility: Any person using the club acknowledges on behalf of themselves and any minors accompanying them that they will let the club staff know if they have any medical condition or ailment that may impact their ability to exercise safely and our staff to provide them with safe and courteous service. We advise that no person should exercise beyond their capabilities and should they have any health condition to seek and adhere to the advice of their doctor regarding use of the equipment and facilities before using the club. Additionally, all persons using the facilities promise to let us know immediately should they or any accompanying minor feel unwell at any time while on the premises and to abide by our club rules and child admission policies. Copies are available at the leisure club reception. We highly recommend all guests to wear appropriate footwear around the tiled floor areas. The club is to be informed if any person has had a health issue that required treatment by a medical specialist in the last month. Medical conditions may include but are not limited to: heart & lung problems, stroke, pregnancy, joint or muscular pain & surgical operations. The member confirms that they and any linked members, including children are in good health and are not suffering from any illness or disease that would put them or others at risk when using the facility.

Personal Liability: The club user acknowledges that to the extent permitted by law, the facility accepts no liability whatsoever for any personal injury, or articles lost, stolen or property damage sustained, howsoever caused while using the facility or parking areas.

Swimming Pool Use: The management reserves the right to utilise the facilities for special events, competitions or other activities which it may deem desirable. Swim hats must be worn in the pool. We strongly advise proper footwear: non-slip flip-flops, shower sandals or aqua shoes be worn on and around the pool, sauna, steam room and whirlpool. Members are required to bring and use their own towel. However, towels are complimentary for hotel residents.

Sauna, Steam Room & Whirlpool: Only persons aged 16 and up are permitted to use these facilities. Please read and abide by the user guidelines in each area before use.

Pool/Gym/Studios/Changing Rooms: A list of rules & regulations are in place in each of these areas. Benches in the changing rooms are to be kept clear of bags and clothing. Personal effects must be stored in a locker and large bags kept underneath benches to accommodate all members' needs.

Food & Drink: Food & drinks other than water or specific sports drinks in appropriate, leak-proof containers are only permitted in the lobby area of the club. Chewing gum is strictly prohibited. Glass is prohibited in all areas of the club.

Mobile Phones/Cameras/Recording Equipment: Mobile phones are strictly banned in the changing rooms, pool deck and activity areas of the facility. Cameras and recording equipment are strictly prohibited in all areas of the facility unless by prior arrangement with the club management.

Lockers: Lockers provided must be used to secure personal belongings. A lock is required to secure the locker. Locks can be purchased at reception for a fee. The club user acknowledges that the facility to the extent permitted by law will not be responsible for the loss, damage or theft of any personal items either on the premises or in the facility car parking areas. Lockers may only be used for the duration of your visit in the club. Any other use will result in the lock and contents being removed. It is not permitted to leave your belongings in any area of the facility or changing areas other than the lockers provided. Bags and personal effects must be cleared from benches to accommodate all users.

Repairs: The facility management will use its best endeavor to ensure that all facilities, apparatus and equipment are maintained in working order but accept no responsibility to the club user for failure or breakdown of any equipment or apparatus however caused. We also reserve the right to close any or all facilities for essential maintenance, training or any other unforeseen circumstance for which such action is required.

Disputes: In the event of a dispute between a club user and the facility management having considered all aspects and where a mutual agreement cannot be reached, the decision of the management will be final.

Amendments: The management reserve the right to amend and add to these conditions of membership as we see fit and the club user shall observe any amended or additional rules so made. The facility opening hours and facility availability are subject to change and reasonable notice will be given where possible.

Facility Rules & Regulations:

- * Please leave the premises clean and tidy after use.
- * Smoking is strictly prohibited in all areas of the club.

Pool

- * All pool users must use the shower before and after using the pool and health suite.
- * Swim hats are compulsory in the pool.
- * Pool shoes are compulsory and must be worn in all wet areas (i.e. pool deck, health suite, changing areas and showers.)
- * Diving is strictly prohibited.
- * Running, jumping or any other inappropriate behaviour is not permitted anywhere on the facilities at any time.
- * Inflatable swim rings, Snorkels, balls, flippers, Inflatable toys etc. are not permitted in the pool unless they are part of a scheduled activity.
- * Management reserves the right to close the pool at any time. Adequate notice will be given where circumstances permit.

Gym

- * Towels are only complimentary for hotel residents. It is strongly advised that club users should bring a towel to the gym on each visit.
- * Gym equipment should be wiped down after use with the cleanser and paper tissue provided.
- * Gear bags must be stored in the lockers or under the benches in the changing room area.

Health Suite (steam room, sauna & whirlpool)

- * Shaving is strictly prohibited in the health suite.
- * All bathers must shower before the use of each different facility.
- * The appropriate clothing must be worn (i.e. ladies' swimsuits, gents swim shorts/briefs.)
- * Aroma oils are not permitted in the health suite.
- * Please refrain from pouring water over the hot stones in the sauna.

Children's Admission Policy:

- * Children under 12 cannot gain access to the pool unless accompanied by an adult over 18 years of age. The adult must be with the child at all times in the water.
- * Children over 12 years can enter the water while an adult can supervise by the spectator area on the pool deck.
- * An adult cannot be in sole charge of more than 3 children under 12 years of age in the club.
- * Children are the sole responsibility of the accompanying adult and they must always be in sight and never left alone.
- * Children are to be fully supervised in the changing rooms at all times.
- * Children aged 8 years and over are not permitted into opposite sex changing rooms. Please use disabled/family changing room.
- * Disabled changing area can be used as a family changing area.
- * If a child seems to be on their own in either the pool or changing area, please alert a member of staff.
- * Birthday party pool activities: Parent supervision is required for the changing rooms.
- * Woody's Kids Club Day Camps: Parents/designated person are to collect their child at 2.20pm to take them to the changing rooms and to the pool deck to meet the leaders for the pool activities.
- * Swimming hats must be worn in the swimming pool and we advise you to wear appropriate, non-slip footwear in the changing rooms and when walking on the deck.
- * Lifeguards or competent person cannot and should not be expected to replace the care and supervision of a parent.
- * Children under 16 years of age are not allowed in the Health Suite (sauna, steam-room & Jacuzzi.)
- * No one under the age of 16 can purchase membership without a parent/legal guardian over 18 years of age also joining.
- * Parental written consent and parental contact information (mobile, email & address) are required when taking membership for youths aged between 16 & 17 years of age. The club will not directly contact anyone under 18 years of age.
- * Guests under 18 years of age require their own parental/legal guardian's consent when signing in with a member of the club.
- * Children's hours are Monday - Thursday 9am - 12:30pm & 2:30pm - 7pm with the exception of Friday evening, children can stay until 7:30pm. Saturday, Sunday and Bank Holidays are 9am - 7pm.
- * It is the responsibility of the adult to ensure children wear swim nappies where appropriate. Swim nappies can be purchased at reception.
- * Buoyancy aids accepted under this policy are those that fully support the child's weight in the water and remain secure in and out of the water, e.g. inflatable rings are not allowed.
- * We strongly advise not to use the pool when suffering from symptoms of vomiting, diarrhea, infections or any other illnesses.
- * If any of the above occur in the pool, please notify a staff member immediately.

We reserve the right to change the above rules without notice. The staff and management at Fitzgeralds Woodlands House Hotel & Leisure Club would like to thank you for your cooperation and understanding in relation to this policy.