

Fitzgerald's Woodlands House Hotel & Spa

Lunch Menu

Wilmott's Crispy Bacon & Crouton Salad on a bed of Mixed Leaves with House Style Honey & Mustard Dressing (C)*

Woodlands Chicken and Mushroom Vol au Vent in a White Wine and Cream Sauce infused with Fresh Chives

Local Athea Black Pudding Terrine with Streaky Bacon & Tomato Salsa & a Garden Salad served with Honey & Mustard Dressing

Rustic Vegetable Soup with Herb Crotons (V) (C)*

Smoked Salmon Horseradish Aioli, Caper Salsa & Garden Leaves

*Chargrilled Irish Angus Sirloin Steak
Served with Peppercorn Sauce or Garlic Butter (€6.00 supplement) (C*)*

Seared Stuffed Breast of Irish Chicken with a Tarragon Jus (C)*

Slow Roasted Irish Hereford Beef with Roast Potato served with a Roast Jus (C)*

Baked Salmon with a Lemon and Dill Sauce (C)*

Vegetarian Carbonara with Penne Pasta in a Creamy White Wine Sauce, Topped with Parmesan Cheese & Garlic Bread (V) (C)*

*Traditional Roast Turkey, Baked Limerick Ham with a Herb Stuffing & Homemade Gravy
Served with Vegetables and Potatoes*

Warm Chocolate Fudge Cake with Ice Cream

Chocolate Profiteroles with Fresh Cream

Fresh Fruit Meringue Nest with Fruit Coulis (C)

Strawberry Cheesecake

Selection of Ice-creams (C)*

Freshly Brewed Tea & Coffee

Please inform your server if you have any special dietary requirements. Many of our dishes can be altered to guest's specific dietary requirements.

(V) Vegetarian (C) Coeliac (C) Coeliac On Request*

Woody's Young Guest Menu

2 COURSE €11.50* 3 COURSE €15.50*

*Supplement of €2 for fillet of chicken
and €3 for minute steak

Adults ordering from this menu
will be charged an Adult Price

Starters

Woodlands Vol Au Vent
served with a Creamy Chicken & Mushroom Sauce €4.00

Garlic Ciabatta Bread €4.00
Add Cheese for 50c

Vegetable Soup (hh) (gf on request) €4.00

Kids Fruit Skewers (hh) (v) (gf) €4.00

Southern Fried Chicken Wings with BBQ Sauce €4.00

House Style Caesar Salad (hh) (gf) €4.00

Main Courses

Woodlands Pasta Bolognaise
served with Garlic Ciabatta Bread (hh) €7.50

Kids Catch of the Day served with Chips €7.50

Grilled Fillet of Chicken served with Mash Potato,
Vegetables and Gravy (hh) (gf) €9.50

4oz Chargrilled Minute Steak served with Mash Potato
& Vegetables (hh) (gf) €10.50

Breaded Chicken Goujons served with Beans & Chips €7.50

Sausages, Chips & Beans €7.50

Kids Cheese Burger and Chips €7.50

Turn over for
puzzles and
colouring!



Desserts

Jelly & Vanilla Ice Cream €4.00

Selection of Ice Cream €4.00

Kids Meringue topped with Fresh Fruit (gf) €4.00

Fresh Fruit Salad (hh) (gf) €4.00

Warm Chocolate Fudge Cake served with Chocolate Sauce
& Vanilla Ice-cream €4.00

Kids can have one topping from a choice of
Mini Marshmallows, Sugar Strands or Chocolate Sprinkles

Main Course Menu includes one free Beverage:
Glass of Milk, Glass of Dilute Orange or Glass of Dilute Blackcurrant

Most of our dishes may be altered to suit a Gluten Free Diet.
Please advise your waiter if you wish to have a Gluten Free Meal.

Some of our menu items may contain traces of nuts.
If you have a nut allergy please advise your waiter.

Should you have any dietary request we will do our best to accommodate.
Heart Health Option (hh) Vegetarian Option (v) Gluten Free Option (gf)

Our kitchen contains all fourteen food allergens. We will go to every effort to ensure
that there is no cross contamination but we cannot guarantee this 100%.
Those who suffer with food allergies please make a member of staff aware before or on
your arrival and we will be delighted to assist you.

Tel. +353 (0)61 605100

Web: www.woodlands-hotel.ie

