



THE TREEHOUSE

Breakfast available until 2pm

COCONUT MILK OVERNIGHT OATS (N,(Almond, Pecan, Hazelnut)) (Gluten Friendly) (Vegan Friendly) **€5**

with Treehouse granola, berries & fruit compote

FEMFUELZ PROTEIN OVERNIGHT OATS (MK, N, G, S, E) **€5.50**

with chocolate, peanut butter & banana (P)

or

with white chocolate & raspberry

or

Biscoff & hazelnut (P, S, N (HAZELNUT, ALMOND))

ACAI BOWL €9

served with homemade granola, blueberries, banana & coconut flakes

(N) (Gluten Friendly)

Add peanut butter or nutella (P, N, MK, S) **+.50c**

BACON AND EGG SEEDED BAGEL €9

with Cheese & Relish (G, E, SS, MK, SP, MD)

AMERICAN-STYLE VANILLA PANCAKES (G, E, MK) **Small €5.50 | Large €7.50**

Bacon & maple syrup (SP)

or

Nutella & strawberries (N (Hazelnut), S)

or

Kinder Bueno (N (Hazelnut), S)

TREEHOUSE BREAKFAST ROLL €8.50

with Guirys fried egg, Wilmotts bacon, sausage, Athea black pudding, rocket & Woodlands tomato aioli (G, E, MD, SP, CY, MK, S)

Hot Drinks

BARRY'S TEA €3.00

AMERICANO €3.50

FLAT WHITE (MK) **€3.75**

LATTE (MK) **€4.00**

CAPPUCCINO (MK) **€4.00**

HOT CHOCOLATE (MK) **€4.00**

MOCHA (MK) **€4.00**

MATCHA LATTE (MK) **€5.00**

*For all hot drinks,
we have a reusable cup
scheme in place.
Simply deposit €2.00
for a reusable
treehouse cup.
Return your cup to
get your deposit
back or take it home
to reuse again!

Cold Drinks

ICED LATTE (MK) **€4.00**

ICED MATCHA LATTE (MK) **€5.00**

MILKSHAKE (G, MK, S, N) **€5.00**

CANS €2.70

WATER €2.50

SMOOTHIES (Vegan Friendly) **€5.00**

APPLE JUICE €3.50

ORANGE JUICE €2.00

ALLERGENS

G Gluten	S Soybean	SS Sesame Seed
C Crustaceans	P Peanuts	SP Sulphites
E Eggs	MK Milk	L Lupin
F Fish	CY Celery	N Nuts
M Molluscs	MD Mustard	

Allergen Notes: Fitzgeralds Woodlands House Hotel is an allergen aware business. Our kitchen contains all 14 Food Allergens so we will go to every effort to ensure that there is no cross contamination but we cannot guarantee this 100%. For those who suffer with food allergies please make a member of staff aware and we will be delighted to assist you.

Lunch & Light Bites

SOUP OF THE DAY (MK,SP,CY) Gluten Friendly **€7.00**

With homemade brown bread (G, N (Walnut), MK, E)

WOODLANDS BLOOMER TOASTIE €9.95

shredded ham and local Droimeann cheese (MK, SP, G, S)

CAESAR SALAD €9.00

with crisp parma ham, herb croutons & parmesan (G, MK, F, E, SP, MD) (Gluten Friendly on request)

Add smoked or grilled chicken + **€3**

TREEHOUSE BRUSCHETTA €8.00

Sourdough with cream cheese, marinated tomato, fresh basil,

Mary's organic pesto (G,MK,N (Pinenuts), SP)

Add Pancetta (SP) + **€2.50**

TREEHOUSE SALAD €12.50

mixed baby leaves, broccolini, asparagus, quinoa, spiced crunchy chickpeas, fennel, orange segments & soy vinaigrette (SP, S, G)

Add smoked chicken + **€3**

Treehouse Favourites

THE BURGER €10.00

topped with cheese, mixed leaves, pickles, crispy fried onions

& treehouse burger sauce (G, SP, E, MK, MD, CY, S)

Add Wilmotts Bacon + **€2**

THE BUFFALO FRIED CHICKEN BURGER €11.00

topped with ranch, crispy fried onions, pickles

and mixed leaves (G, MK, SP, CY, E, MD)

THE VEGAN BURGER €11.00

topped with vegan cheese, mixed leaves, pickles, crispy fried onions

& vegan treehouse burger sauce (SP, MD, CY, G, SS, S)

THE BIRDBOX – TREEHOUSE CLASSIC €10.00

rustic chips, crispy shredded chicken, fried peppers & onions,

seasoned with treehouse spices and garlic aioli on the side (CY, SS, MD, E, S, MK, G, N)

HOMEMADE PANKO CHICKEN TENDERS

with secret sauce (MK, G, F, E, MD, SP)

x3 **€8.00** x5 **€11.00**



THE
TREEHOUSE

Sides & Dips

RUSTIC CHIPS Gluten Friendly **€5**

DRESSED RUSTIC CHIPS €7

Curry (CY, MD, MK), Garlic (E, MK, MD, SP) or Cheese (MK)

SWEET POTATO FRIES €5

ONION RINGS (MK, G) **€5**

CURRY SAUCE (CY, MK, MD) **€2**

BUTTER CHICKEN CURRY SAUCE (MK, N (ALMOND, CASHEW)) **€2**

GARLIC MAYO (E, MK, MD, SP) **€2**

BUFFALO SAUCE (SP, MK) **€2**

SECRET SAUCE (E, MD, SP, F) **€2**

Kids Menu

BEEF BURGER & CHIPS (SS, G, S) **€7.50**

SAUSAGE & CHIPS (G, SP) **€7.50**

SHREDDED CHICKEN & CHIPS (G, SP) **€7.50**

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E	Eggs	MK	Milk	L	Lupin
F	Fish	CY	Celery	N	Nuts
M	Molluscs	MD	Mustard		

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